

ADOLESCENT PARTIAL HOSPITALIZATION PROGRAM SCHEDULE

The Outpatient Program is open Monday thru Friday. Programming hours are between 8:30 am and 3:30 pm. The program opens at 8:00 am and closes at 5:00 pm.

	Group	Assigned Staff
8:00-8:30	Computer Lab	Education Independent Study
8:30-9:20	Morning Process Recording Orientation	Daily Check In, Individual Assignment, Journaling
9:30-10:20	Problem Solving	Skill Development to Manage Difficult Situations and Conflicts
10:30-11:20	Process Group	Open Expression of Issues
11:30-12:00	Lunch	
12:00-12:20	Computer Lab	Education Independent Study
12:30-1:20	Social Issues and Health Issues	Managing School, Transitions, and Healthy Living
1:30-2:20	Coping Skills	Skill Development to Manage Uncomfortable Feelings
2:30-3:30	Social Issues Health Issues	Managing Social Settings, Transitions, and Healthy Living
3:30-5:00	Computer Lab Individual and Family Therapy	Education Independent Study